

# THE BAIT SHED



By Roy Lawler



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With the turkey eaten and decorations packed away for another year, Roy has been down the garden in the Bait Shed for his first article of 2019. Many anglers put their gear away until the Spring but, as Roy says, with the right bait success could be just a 'bleep' away! Here is Roy's winter recipe to try this January:

A Happy New Year everyone! I hope 2019 sees you well and that Christmas brought you all the fishing delights that you had hoped for. So many of us have now hung up the carp fishing gear ready for Spring, however, others have either moved over to a winter target fish or stuck with it in the hope of that elusive winter catch and who knows maybe, weather willing, a stunning snow carp shot! So with winter now well and truly upon us, and this being my first winter fishing full time on a home made boilie, I thought I would have a look around and see if I could find a recipe that I could put my own stamp on. I found a couple of cold water mix recipes readily available on the internet but have settled on a simple recipe with a basic list of ingredients for my 'one egg test mix'.

### The list of ingredients are:

- 30g maize meal
- 30g milk replacer
- 30g semolina
- 10g acid casein
- 35g birdfood
- 7g whey protein concentrate

### To this I added, for my own stamp

- 2ml CC Moore ultra pear drop essence
- 2g feed stimulants milk B+
- 3g winter amino compound powder along with a little superstim feeding trigger.



I cannot begin to tell you how good the pear drop essence smells! After mixing all the dry ingredients together, they were added slowly to the wet ingredients until a paste like 'playdoh' was achieved. This was wrapped in cling film and allowed to rest for 15 mins before gunning out in to 'sausages' where they were rolled on a 15mm table and then boiled for 1 min 30 seconds and left to dry.



As with all recipes that I share, I do not claim them to be my own, but, I like to put my own twist onto them that hopefully will enhance my fishing experience and really look forward to any feedback or tips and advice that you can share with me.

I'm really happy with how they have come out and shall be rolling a couple of kgs ready for a session down in Rye that I'm hoping to be able to get out to over the Christmas period.



As always they will be fished on a basic bottom bait hair rig with a fluoro topper to give them that added attraction of high viz that many of us like in the colder months. This is the first time I have included or even looked into the winter amino compound and I shall be rolling some with and some without in order to see if the catch rate is of noticeable difference.



This is quite a simple recipe that you could easily make at home without the need for masses of ingredients. The recipe on its own, without my own personal stamp, rolled just as well so could be used as it is or with your own stamp of flavours or attractors.

I cannot wait to get it into the water and hopefully will have a couple of catch report shots to share with you on the Facebook page.

Since the last Bait Shed article, my good friend Craig has been out on on the 'pop up toppers' that we looked at last month and has bagged himself a couple of lovely looking fish including this 14lb common from one of his club waters



## INGREDIENT OF THE MONTH...

### MilkB+ from Feed Stimulants

I very much like this ingredient due to it being an extremely sweet smelling powder which seems to amplify any essence or flavour that you add to it resulting in a very creamy aroma and taste.

### A quick web search found the following information:

'Resulting back from the '80/'90s' when it was very well known for its devastating impact in carp fishing. This Milky B is a very strong pure powdered flavour. It improves bait taste, increases food intake and promotes secretion of digestive fluids. Promoting in this way the digestibility and the absorption of nutrients of feedstuff. Very strong and sweet, long lasting smell with a kind of candy / scopex fragrance, all which have proven themselves in carp fishing captures. Unlike liquid flavours, the smell of powdered flavours remains for a much longer time because it dilutes slower in water.'



### See you next month in The Bait Shed, where the kettle is always on!

Many of the ingredients and equipment that you need to join Roy in the Bait Shed can be found at The Tackle Shop, 44, Seal Road, Sevenoaks, Kent. TN14 5AR. Tel: 01732 454952. The Tackle Shop Sevenoaks is a small independent shop with easy access from the M25 and M26 in the heart of some of the best fishing in the county. We sell tackle that covers all fishing techniques, so whether you are into carp, match, coarse, sea, predator or fly fishing, we cover it all. We stock all major brands! Give us a call today!